

THE BULLAS

PROTECTIVE AMULETS

WHAT DO THE MUSEUM PIECES TELL US ABOUT?

Have you noticed the necklace on this sculpture from the National Archaeological Museum of Tarragona?

It is a bulla, a medallion that contained amulets and was worn by Roman children to protect them from evil spirits. They could be made of leather, lead, gold or other materials.

And you, do you have any kind of amulet?



Robe, s. I aC

HOW CAN WE MAKE A BULLA?



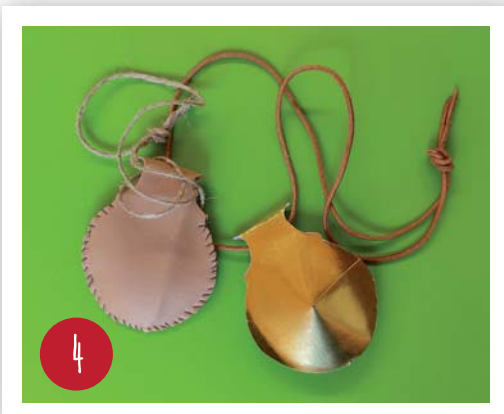
1 Choose the material of your bulla (leather, golden cardboard, other materials...) and print the template of the bulla on the material or trace it.



2 Cut out along the continuous lines. Fold along the dotted lines.



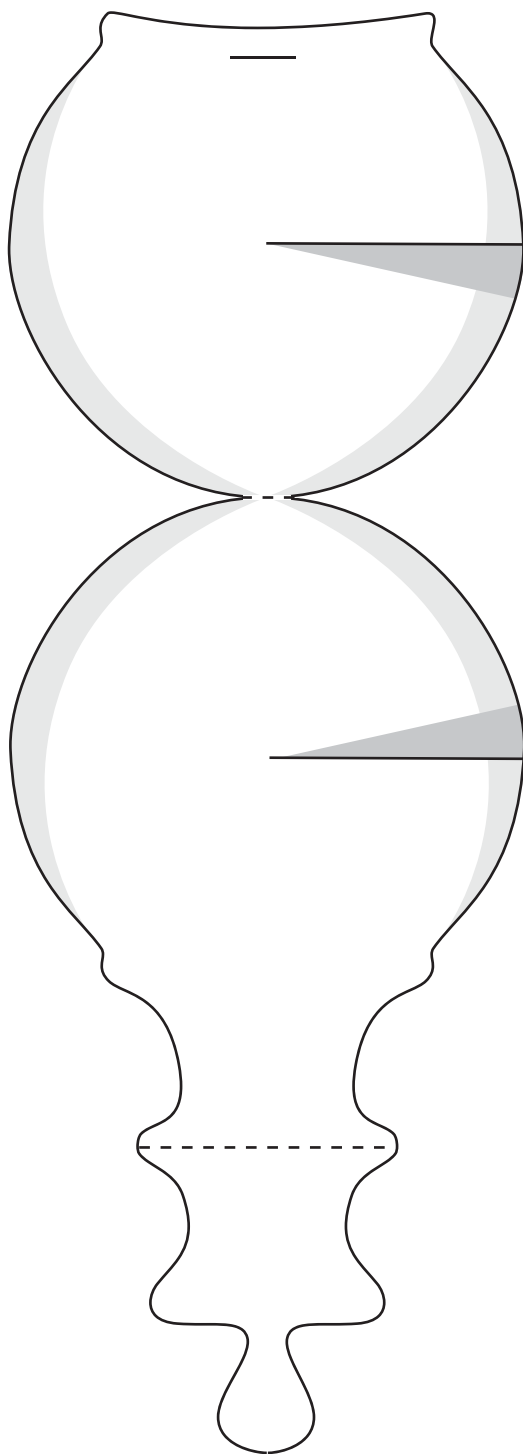
3 Connect the parts painted in gray. If you make the bulla in leather, you can sew it.



4 Fill the bulla with your amulets.

Put a string on it and don't take it off until you are 16 years old!

ROMAN BULLA



These parts only need to be cut out and glued if you make the bulla on gold paper or cardboard and want to give it volume.

